

BALANCE METHOD'S 5 SYSTEMS

| | OPPOSITE SIDE | EITHER SIDE | OPPOSITE SIDE | EITHER SIDE | OPPOSITE SIDE |
|--|-----------------------------------|----------------------------|----------------------------|----------------------------|-----------------------------|
| | SYSTEM 1 同名經 TÓNG MÍNG JĪNG | SYSTEM 2 別經 BIÉ JĪNG | SYSTEM 3 表里 BIAO LI | SYSTEM 4 同時 TÓNG SHÍ | SYSTEM 5 相鄰 XIANG LIN |
| | CHINESE MERIDIAN NAME-SHARING | BRANCHING MERIDIAN | INTERIOR-EXTERIOR PAIRS | CHINESE CLOCK OPPOSITES | CHINESE CLOCK NEIGHBOURS |
| | SP | UB | LI | UB | LV |
| | ST | LV | LU | KI | ST |
| | LI | PC | SP | PC | LI |
| | LU | SI | ST | SJ | HT |
| | KI | GB | SI | GB | SP |
| | UB | SP | HT | LV | UB |
| | SI | LU | KI | LU | SI |
| | HT | SJ | UB | LI | PC |
| | LV | ST | SJ | ST | KI |
| | GB | KI | PC | SP | GB |
| | SJ | HT | LV | HT | SJ |
| | PC | LI | GB | SI | LU |

MERIDIANS

^{HAND}
TAIYIN
LU

^{HAND}
YANGMING
LI

^{FOOT}
YANGMING
ST

^{FOOT}
TAIYIN
SP

^{HAND}
SHAOYIN
HT

^{HAND}
TAIYANG
SI

^{FOOT}
TAIYANG
UB

^{FOOT}
SHAOYIN
KI

^{HAND}
JUEYIN
PC

^{HAND}
SHAOYANG
SJ

^{FOOT}
SHAOYANG
GB

^{FOOT}
JUEYIN
LV